



GLUTEN FREE MENU

*Not available on selected days

STARTERS

CHICKEN LIVER PATE £7.50

Homemade Chicken Liver Pate served with gluten free bread and salad leaves

SMOKED SALMON £9.95

Avacado and tomato salsa verde

CREAMY MUSHROOMS v £7.50

Pan fried mushrooms cooked in creamy garlic sauce served with gluten free bread

CHILLI PRAWNS £9.95

Cooked in garlic butter & parsley lemon sauce with chili

HALLOUMI CHEESE v £7.50

Grilled halloumi with cherry tomatoes and green leaf

MAIN COURSES

RUMP STEAK £23.95

10oz Rump steak served with mashed potato
Best served medium, side and sauce recommended

SEABASS FILLET £18.95

Pan fried Seabass fillet with roast vegetables & basil in tomato base, topped with rocket

RISOTTO FUNGHI v £14.95

Creamy risotto with mushrooms
Add chicken for +£2.00

CAESAR SALAD v £10.50

Crispy lettuce, crunchy croutons & parmesan
Add chicken for +£2.50

CHICKEN & BACON SALAD £14.95

Thick chicken & bacon strips served with lettuce, mixed leaf salad, cherry tomatoes, parmesan & ceasar dressing

MUSSELS £18.00

Mussels cooked in chilli tomato or creamy garlic white wine sauce served with gluten free bread

PENNE ARRABBIATA £15.95

Gluten free penne pasta with spicy chorizo sausage, fresh red chillies and tomato sauce

PENNE POLLO FUNGHI £15.95

Chicken and mushroom gluten free penne pasta with cream and parmesan cheese

PENNE CHILLI KING PRAWNS £17.95

Gluten free penne with shell-off king prawns, fresh red chillies cooked in hot tomato sauce

PENNE AL RAGU BOLOGNESE £16.95

Gluten free penne pasta served with homemade slow cooked ragu with rich British beef mince and parmesan

SPANISH RISOTTO £15.95

Spicy sausage with tomato sauce base

DESSERTS v

CRÈME BRULEE £7.95

Traditional caramelised crème brulee

ICE CREAM £6.95

Choose from Vanilla, Chocolate, Salted Caramel and Strawberry

SIDES & EXTRAS v

BREAD & NIBBLES

Marinated Olives £4.95

Gluten free breads with Olive Oil and Balsamic £4.95

Hummus and Gluten Free Bread £7.50

SIDES

House Salad £3.95

Grilled Asparagus with aged Balsamic £4.95

Mashed Potato £4.95

Rocket and Parmesan £4.95

SAUCES

Peppercorn Sauce £2.95

Mushroom Sauce £2.95

Blue Cheese Sauce £2.95

Garlic Butter Sauce £2.95

Due to the presence of peanuts/nuts in our restaurants, there is a small possibility that peanuts/nut traces may be found in any of our items. Many recognised allergens are handled in our kitchens. If you have any concerns, don't hesitate to talk to a member of our trained team, who will be pleased to provide you with more detailed information. Prices are inclusive of VAT. A discretionary 10% service charge will be added to your bill.